

# NEW HORIZONS

INSURANCE PROFESSIONALS OF MID-MISSOURI FEBRUARY 2010

[WWW.IPMMONLINE.COM](http://WWW.IPMMONLINE.COM)



## PRESIDENT'S MESSAGE:

### **Teamwork**

Close your eyes and say teamwork. What do you see? People working together getting things done. When people come together it is amazing to what they can do, especially if they work together. Teamwork takes compromise, clear vision, open communication, mutual trust, and a common goal. Can you think of more?

At the beginning of each year we create a clear plan to what we need for the upcoming year, each person brings their ideas and input to the communication process. Each person trusts the others to do what is right and according to the plan. We compromise between costs and needs of the members, and over all we work together to reach that common goal.

It is that time again to have a board meeting and review where we are in the grand scheme of things. The board meeting is an open forum for each person to have their say about how IPMM conducts their business, and I encourage each person to come and join in on the conversation. IPMM thrives on teamwork and together we can do anything.

I will announce the board meeting date at the February meeting.

In friendship and fellowship,  
Rebecca Hart  
President

<http://www.articlesbase.com/online-education-articles/how-to-promote-teamwork-within-an-organisation-946918.html>

**NEXT MEETING  
FEBRUARY 15, 2010  
COLUMBIA INSURANCE GROUP  
6:00 PM**

Our February meeting will feature Janet Nothnagel, our Missouri State Director. Her presentation is titled "Finding Your Bridge with NAIW."

**REFRESHMENTS:**

Diane Kidwell

Jennifer Koenig

Alexis Nixon

## MEETING MINUTES:

### **Insurance Professionals of Mid-Missouri Monthly Meeting – January 18, 2010 Columbia Insurance Group**

President Elect Lori Meyer (in the absence of President Rebecca Hart) called the meeting to order at 6:00 pm. There were 6 members and 2 guests in attendance. Alexis Nixon read the collect.

Ellen Bender introduced Dean Runyan, Web Developer at Columbia Insurance Group, as the guest speaker. Dean spoke to the association about the internet as a means of communication.

Minutes from the November meeting were approved as printed in the December newsletter.

Jennifer Koenig presented the Treasurers Report. Total deposits were \$162.10. Total disbursements were \$813.82. The ending balance was \$9,283.10.

#### Committee Reports -

Lori reported that Janet Nothnagel would be our speaker at February's meeting. Diane, Jennifer and Alexis are scheduled to bring refreshments.

Lori reported for Arlene Schwartz that the final report for the Missouri Council meeting would soon be closed.

Christy Ford reported that the 2010 CPCU I-Day would be held on March 9, 2010, at the Reynolds's Alumni Center. The program has been approved for a total of 5 CE credits, 4 general credits and 1 ethics credit.

#### Unfinished Business – None

#### New Business - None

#### Announcements –

Lori mentioned that the Nominating Committee would be forming soon. If anyone is interested in becoming an officer, please contact Lori.

The Region V 2010 meeting registration deadline is February 18, 2010. The National Convention will soon be opening registration.

Alexis Nixon won the 50/50 drawing.

Meeting adjourned at 6:47 pm.

Respectfully Submitted,

Christy Ford, Secretary

## UPCOMING EVENTS:

February 15, 2010 – Monthly Meeting, 6:00 pm, Columbia Insurance Group

March 9, 2010 – CPCU I-Day, Reynolds Alumni Center, University of Missouri

March 15, 2010 – Monthly Meeting, 6:00 pm, Columbia Insurance Group

### **Region V Conference - March 25-28, 2010**

Hampton Inn & Suites

1975 South 18th Ave.

West Bend, WI 53095

Conference held at: West Bend Mutual Prairie Conference Center

## MEMBER SPOTLIGHT:

*Tammy Bailey – Columbia Insurance Group – Tammy has been a member of IPMM since 2009.*

"I started in the insurance industry in 1998 as a secretary. I answered phones, did filing, took messages etc. I left briefly to pursue other avenues in the career field but came back in 2000. I went to work for a small office again answering phones, filing, etc. The agent was so impressed with my customer service skills he asked me to stay full time. He sent me to school and I was licensed in Property & Casualty.

In 2005, I became licensed in Life & Health. In 2008, I went to work for Columbia Insurance Group in the Customer Service Department. I joined NAIW at the end of 2009. I joined for several different reasons, I'm always looking to better myself education wise and also it's a wonderful opportunity to meet people and stay informed. While I haven't attended every meeting, I did enjoy the ones I've attended and I do plan to be consistent in attending meetings and getting to know the ladies involved with this wonderful organization."

## FEBRUARY IS:

### **The Day the Music Died Day - February 3rd**

The Day the Music Died Day commemorates the untimely death of singers Buddy Holly, Richie Valens and the Big Bopper. These three Rock singers died in an airplane crash on February 3, 1959, at the height of their popularity.

### **American Heart Month**

Cardiovascular diseases, including stroke, are our nation's No. 1 killer. To urge Americans to join the battle against these diseases, since 1963 Congress has required the president to proclaim February "American Heart Month."



Here are some things you can do to help your heart:

- Limit your intake of fat
- Choose heart-healthy fats over saturated fats and trans fats
- Limit your intake of sugars
- Limit your intake of sodium/salt
- Choose more whole grains, legumes, fresh produce and low fat dairy products
- Choose lean meat and poultry
- Include fish in your diet
- Exercise portion control
- Become physically active for 30 to 60 minutes a day

## **Valentine's Day – February 14**

The origins of Valentine's Day trace back to the ancient Roman celebration of Lupercalia. Held on February 15, Lupercalia honored the gods Lupercus and Faunus, as well as the legendary founders of Rome, Romulus and Remus.

In addition to a bountiful feast, Lupercalia festivities are purported to have included the pairing of young women and men. Men would draw women's names from a box, and each couple would be paired until next year's celebration.

While this pairing of couples set the tone for today's holiday, it wasn't called "Valentine's Day" until a priest named Valentine came along. Valentine, a romantic at heart, disobeyed Emperor Claudius II's decree that soldiers remain bachelors. Claudius handed down this decree believing that soldiers would be distracted and unable to concentrate on fighting if they were married or engaged. Valentine defied the emperor and secretly performed marriage ceremonies. As a result of his defiance, Valentine was put to death on February 14.

After Valentine's death, he was named a saint. As Christianity spread through Rome, the priests moved Lupercalia from February 15 to February 14 and renamed it St. Valentine's Day to honor Saint Valentine.

### **What's Cupid Got to Do with It?**

According to Roman mythology, Cupid was the son of Venus, the goddess of love and beauty. Cupid was known to cause people to fall in love by shooting them with his magical arrows. But Cupid didn't just cause others to fall in love - he himself fell deeply in love.

As legend has it, Cupid fell in love with a mortal maiden named Psyche. Cupid married Psyche, but Venus, jealous of Psyche's beauty, forbade her daughter-in-law to look at Cupid. Psyche, of course, couldn't resist temptation and sneaked a peek at her handsome husband. As punishment, Venus demanded that she perform three hard tasks, the last of which caused Psyche's death.

Cupid brought Psyche back to life and the gods, moved by their love, granted Psyche immortality. Cupid thus represents the heart and Psyche the (struggles of the) human soul.

## **Black History Month**

Americans commemorate the heritage of African-Americans every February in what is known as African American History Month, yet little is known about the association that started the tradition and what it is doing now.

James Stewart is the current president of the Association for the Study of African American Life and History.

He proudly outlines the group's own history.

"The association was started in 1915 by Dr. Carter G. Woodson who is one of the first black PhDs from Harvard University," said James Stewart. "Carter G. Woodson established what was first called Negro History Week, which later became Negro History Month, and has evolved into Black History Month."

Taken from "Voice of America"

### 2009-2010 OFFICERS:

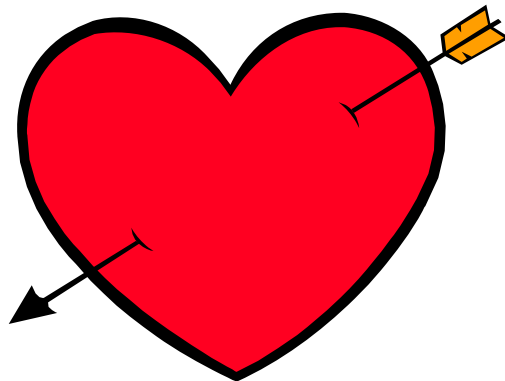
President – Rebecca Hart  
President Elect – Lori Meyer  
Secretary – Christy Ford  
Treasurer – Jennifer Koenig

### REMINDERS:

- **YOU** probably qualify for the CPIW designation. Contact Terri Stambaugh if you have any questions.
- Remember to visit our website at [www.ipmmonline.com](http://www.ipmmonline.com) for updated information and a calendar of events.

### NEWSLETTER DEADLINE:

Information for the next newsletter is due BEFORE JANUARY 29, 2010. Please be sure to send any news items you would like to include in the next newsletter, such as completion of industry education. You can send them to Christy Ford at [cford@shelterinsurance.com](mailto:cford@shelterinsurance.com).



*HAPPY VALENTINE'S DAY*